



**5K Run/Walk  
10 Mile Run  
Race for  
SPINAL  
VICTORY**

To Benefit Spinal Cord Research and the  
Long Island Spinal Cord Injury Resource Center

**WALKERS WELCOME!  
Help Support The Cause!**



Testaverde Fund for Spinal Cord Injury, Inc.

Sponsored by



# Sunday, April 13, 2008 • 8AM Start Jones Beach State Park, Field 5

**ENTRY FEE** Runners/Walkers \$20 if postmarked by March 23, 2008  
\$25 if postmarked by March 31, 2008  
\$30 Race Day Registration

Children (14 & under) \$10 if postmarked by March 23, 2008  
\$15 if postmarked by March 31, 2008  
\$20 Race Day Registration

Call race director for special rates for children's groups.

**OR PAY NO ENTRY FEE** - Download a sponsor sheet from  
[www.testaverdefund.org](http://www.testaverdefund.org). Collect a minimum of \$50.00 sponsorships.  
PLUS receive one Special Raffle Ticket\* for every \$50.00 you collect.

**AWARDS** TOP OVERALL MALE/FEMALE  
AGE GROUP - 3 Deep in 5 year age groups (14 & under through 80+)

**DIRECTIONS** Access from either Wantagh or Meadowbrook Parkways,  
follow signs to Field 5 (Theater/Zach's Bay)

**RESULTS** [jmsracing@pigmantri.com](mailto:jmsracing@pigmantri.com) JMS Racing Services

**\*SPECIAL RAFFLES for FLAT SCREEN TV and MUCH MORE!**

*Do not need to be present to win - drawing to take place at 5K ceremony.*

For More Information Contact: **Robin Waltman, Race Director • 516-221-6162**  
[runwithrobin@yahoo.com](mailto:runwithrobin@yahoo.com) • 516-826-2662 • [www.testaverdefund.org](http://www.testaverdefund.org)

**RACE DAY  
CHECK-IN/REGISTRATION**  
6:30-7:30 a.m.  
Jones Beach Parking Lot Field 5

**PRE-RACE PASTA PARTY  
and NUMBER PICK-UP**  
Thursday, April 10, 5-7 p.m.  
Mulcahy's Pub  
3234 Railroad Ave., Wantagh

**EARLY NUMBER PICK-UP**  
Saturday, April 12, 11 a.m.-5 p.m.  
Runner's Edge  
242 Main Street, Farmingdale  
516-420-7963

**POST-RACE  
AWARDS CEREMONY  
and REFRESHMENTS**  
9 a.m. for 5K Race  
10 a.m. for 10 Mile Race  
*Regular Raffle Prizes to be drawn at each  
ceremony - must be present to win.*

**MAIL-IN REGISTRATION DEADLINE: POSTMARKED BY MARCH 31, 2008**  
SAVE \$5.00 PER ENTRY: Postmark by March 23, 2008

For more applications - photocopy or  
download at [www.testaverdefund.org](http://www.testaverdefund.org)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Age (as of 4/13/08) \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex  Male  Female

Race Preference  5K (3.1 miles) Walk/Run  10 Mile Run

T-Shirt Size  SML  MED  LG  X-LG

I, the undersigned, hereby waive and release any and all rights and claims I may have against the Testaverde Fund for Spinal Cord Research, Inc., The Joe Testaverde Special Needs Trust, Jones Beach State Park, Finish Line Road Race Technicians and all the sponsors for damages which I may have arising out of said event. I am physically fit and have trained for this race. The application warrants that "my physical condition has been verified by a licensed medical doctor." "Further, I hereby grant full permission to any and all the foregoing to use any pictures, or any other record of this event for any purpose whatsoever."

If signed by a parent, the parent agrees to release on behalf of the entrant, harmless of any claims which may be asserted by above named/ organizations and persons harmless of any claims which may be asserted by or on behalf of the entrant.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**MAKE CHECK PAYABLE TO: Testaverde Fund for Spinal Cord Injury, Inc. • MAIL TO: Robin Waltman, 3688 Maxwell Drive, Wantagh, NY 11793**

